





Version 3.0

NOTE: All variables in the data have suffix " child"

YOUNG ADULT REPORT (age 19 or older)

DIRECTIONS

Young adults with diabetes sometimes have special problems. Please tell us **how much of a problem** each one has been for you during the **past ONE month** by circling:

0 if it is **never** a problem

1 if it is almost never a problem

2 if it is **sometimes** a problem

3 if it is often a problem

4 if it is almost always a problem

There are no right or wrong answers.

If you do not understand a question, please ask for help.

Public reporting burden of this collection of information is estimated to average 5 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-0904).

In the past ONE month, how much of a problem has this been for you ...

ABOUT MY DIABETES (problems with)	Never	Almost Never	Some- times	Often	Almost Always
1. I feel hungry hungry	0	1	2	3	4
2. I feel thirsty thirsty	0	1	2	3	4
3. I have to go to the bathroom too often bathroom	0	1	2	3	4
4. I have stomachaches stomach	0	1	2	3	4
5. I have headaches headache	0	1	2	3	4
6. I go "low" golow	0	1	2	3	4
7. I feel tired or fatigued tired	0	1	2	3	4
8. I get shaky shaky	0	1	2	3	4
9. I get sweaty sweaty	0	1	2	3	4
10. I have trouble sleeping sleep	0	1_	2	3	4
11. I get irritable irritabl	0	1	2	3	4

TREATMENT - I (problems with)	Never	Almost Never	Some- times	Often	Almost Always
1. It hurts to prick my finger or give insulin shots prick	0	1	2	3	4
2. I am embarrassed about having diabetes embarras	0	1	2	3	4
I argue about my diabetes care with my parents or others argue	0	1	2	3	4
4. It is hard for me to stick to my diabetes care plan stick	0	1	2	3	4

Whether you do these things **on your own or with the help of your parents**, please answer how hard these things were to do in the past **ONE month**.

TR	EATMENT II - (problems with)	Never	Almost Never	Some- times	Often	Almost Always
1.	It is hard for me to take blood glucose tests glucose	0	1	2	3	4
2.	It is hard for me to take insulin shots insulin	0	1	2	3	4
3.	It is hard for me to exercise exercise	0	1	2	3	4
4.	It is hard for me to keep track of carbohydrates or exchanges carbo	0	1	2	3	4
5.	It is hard for me to wear my id bracelet wearid	0	1	2	3	4
6.	It is hard for me to carry a fast-acting carbohydrate fasta	ct 0	1	2	3	4
7.	It is hard for me to eat snacks snack	0	1	2	3	4

WORRY (problems with)		Almost	Some-	Often	Almost
Trotatt (problems mann)		Never	times		Always
1. I worry about "going low" wrgolow	0	1	2	3	4
I worry about whether or not my medical treatments are working treatmnt	0	1	2	3	4
3. I worry about long-term complications from diabetes comp	olica0	1	2	3	4

In the past ONE month, how much of a problem has this been for you ...

COMMUNICATION (problems with)	Never	Almost Never	Some- times	Often	Almost Always
It is hard for me to tell the doctors and nurses how I feel telldoc	0	1	2	3	4
It is hard for me to ask the doctors and nurses questions askdoc	0	1	2	3	4
3. It is hard for me to explain my illness to other people expl	ain 0	1	2	3	4

FOR STUDY USE ONLY							
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Date Reviewed	Month	Day	Year	Reviewer Code			
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